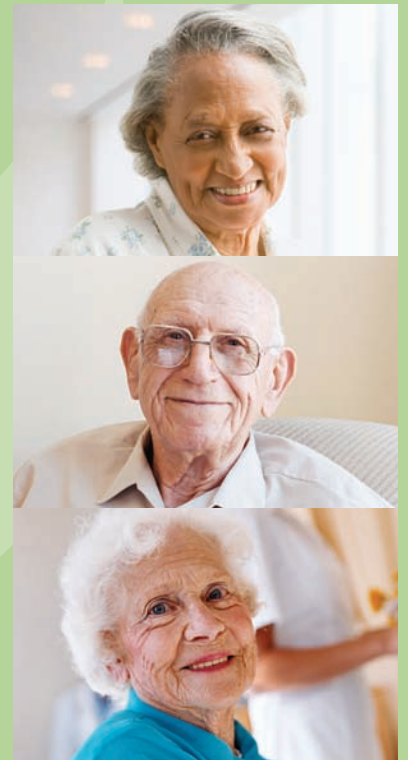


*Introducing*  
**Fidelis SecureCare**

**More options. More benefits. More frequent and focused care.**

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Innovative health plans  
designed for the special  
needs of qualified nursing  
facility residents.

# Fidelis SecureCare It's Medicare. And much more!

Fidelis SecureCare is a Medicare Advantage Special Needs Plan contracted with Medicare to provide eligible individuals with a clinically superior level of care. Fidelis SecureCare expands coverage beyond original Medicare, adding benefits vital to Member health and well-being, including:

- Healthcare services delivered on-site, in the Member's residence
- An individually tailored care plan
- Complete Part D Prescription Drug coverage—all in one plan
- Paid transportation for off-site medical appointments
- Preventive care and screenings, plus vision, dental, podiatry services and more
- Medication monitoring and management
- Coordination of all providers involved in our Member's care
- Virtually no claim forms to file or paperwork to manage

And, many of these benefits can be yours with low—or even no—copays.\*



## **Experienced medical professionals. Consistently attentive care.**

Our network is comprised of credentialed physicians, hospitals, home care agencies and other clinical professionals selected for their experience and proficiency in geriatric medicine.

At enrollment, Members choose a Primary Care Physician who works with nurse practitioners, physician assistants, pharmacists and others in an integrated Care Team. Our Fidelis Care Manager oversees the care delivery process, making sure each Member's individual treatment plan is implemented accurately and efficiently.

Our experience in elder care continues to show that frequent and personal attention is indeed the best medicine. Each Fidelis Care Team works one-on-one with Members to help them avoid emergencies by:

- Increasing the number of on-site visits per month
- Watching carefully for changes in condition and evaluating symptoms as they arise
- Providing prompt treatment of disease occurrences or any complications

### *Did you know...*

#### **Up to 68 percent of nursing facility hospitalizations are avoidable.**

Hospital stays are uncomfortable at best for everyone, but for the frail elderly they can be catastrophic. Disorientation and infection are just two of the most common negative effects. A recently-convened CMS Expert Panel determined that more than two-thirds of nursing home resident hospitalizations can be prevented with more frequent and coordinated clinical care.

Source: Ouslander, Joseph G. Georgia Medical Care Foundation. "Reducing Avoidable Hospitalizations of Nursing Home Residents, A CMS Special Study." CMS Expert Panel. 2007.

#### **Fidelis makes sure medications are managed properly.**

Prescription medicines have made a positive difference in the quality of life for many seniors. But if they're not managed properly, drugs can have devastating adverse consequences. To ensure the safety and effectiveness of our Members' medications, Fidelis Team Pharmacists check all medications during each Member's initial evaluation, assessing them for appropriateness, dosing, interactions, side effects and duplication. And frequent checks thereafter are prompted by any change in condition or medication.

#### **Specialists visits? Tests? Fidelis will handle it all.**

While our goal is to keep Members well and avoid emergencies or hospitalizations, when diagnostic or specialist attention is warranted, we take action immediately, not only making the appointment but also arranging and paying for transportation for medically necessary off-site visits. Our Care Coordinator keeps the lines of communication open among facility staff, the Fidelis Care Team and, of course, Members and responsible parties. If hospitalization is required, our Inpatient Coordinator keeps everyone apprised of the Member's status and readiness to return home.

#### **More care. More often. It's the Fidelis way.**

Fidelis SecureCare was designed to respond to the needs of a population with medically complex conditions. We understand that more attentive, hands-on care helps our Members stay on top of their conditions and live a healthier life. Our care approach, based on frequent visits and early, safe and effective care of illnesses, helps keep emergencies from occurring. At Fidelis, changing lives for the better is our reason for being. Improving the way healthcare is delivered is our mission.

If you have any further questions, or if you'd like to discuss how Fidelis SecureCare can benefit you or your loved one, please don't hesitate to call your Fidelis SecureCare representative at

**1.877.372.8085**



*\*As with any health plan, some limitations, restrictions and copayments may apply. See plan for details.*

## Trust in Fidelis. The Essence of Care.

Fidelis SecureCare is a Medicare Advantage Special Needs Plan contracted with Medicare to provide qualified individuals with more frequent and focused clinical care than traditional Medicare provides—plus supplemental benefits so necessary to the care of our more vulnerable senior population. Fidelis SecureCare has been developed by Fidelis SeniorCare, a new breed of health services company and a leader in developing Medicare Advantage Special Needs Plans. The company administers plans in three states, Michigan, North Carolina and Texas.

Our dedicated Care Teams, working with credentialed and contracted physicians, nurse practitioners and other skilled clinicians, provide our Members with high-quality care, effectively managing their medical and psychosocial needs. At Fidelis we believe that the quality of life of our Members can be significantly enhanced, and their rate of decline measurably reduced, through the comprehensive management of their medical care. We are committed to this vision and are proud to stand at the forefront of the next generation of long term care.



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