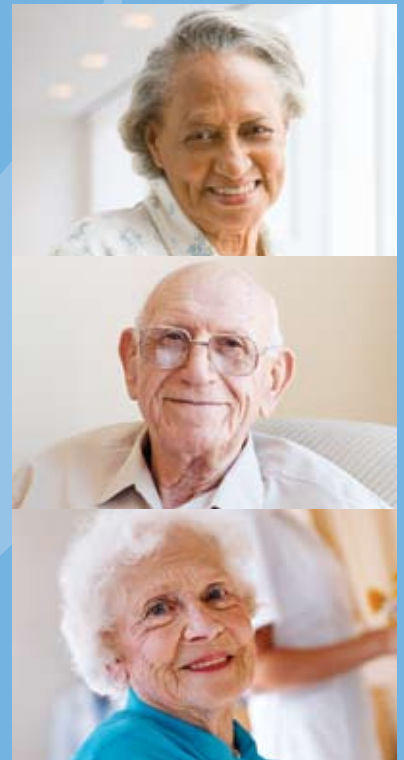


Introducing
Fidelis SecureCare

More options. More benefits. More frequent and focused care.



Innovative health plans
designed for the special
needs of the elder
Medicare population





Fidelis SecureCare It's Medicare. And much more!

Fidelis SecureCare is a Medicare Advantage Special Needs Plan contracted with Medicare to provide eligible individuals with a clinically superior level of care. Fidelis SecureCare expands coverage beyond original Medicare, adding benefits vital to Member health and well-being, including:

- Healthcare services delivered on-site, in the Member's residence
- An individually tailored care plan
- Complete Part D Prescription Drug coverage—all in one plan
- Paid transportation for off-site medical appointments
- Preventive care and screenings, plus vision, dental, podiatry services and more
- Medication monitoring and management
- Coordination of all providers involved in our Member's care
- Virtually no claim forms to file or paperwork to manage

And, many of these benefits can be yours with low—or even no—copays.



Experienced medical professionals. Consistently attentive care.

Our network is comprised of credentialed physicians, hospitals, home care agencies and other clinical professionals selected for their experience and proficiency in geriatric medicine.

At enrollment, Members choose a Primary Care Physician who works with nurse practitioners, physician assistants, pharmacists and others in an integrated Care Team. Our Fidelis Care Manager oversees the care delivery process, making sure each Member's individual treatment plan is implemented accurately and efficiently.

Our experience in elder care continues to show that frequent and personal attention is indeed the best medicine. Each Fidelis Care Team works one-on-one with Members to help them avoid emergencies by:

- Increasing the number of on-site visits per month
- Watching carefully for changes in condition and evaluating symptoms as they arise
- Providing prompt treatment of disease occurrences or any complications

Fidelis makes sure medications are managed properly.

Prescription medicines have made a positive difference in the quality of life for many seniors. But if they're not managed properly, drugs can have devastating adverse consequences. To ensure the

Did you know...

Up to 68 percent of nursing facility hospitalizations are avoidable.

Hospital stays are uncomfortable at best for everyone, but for the frail elderly they can be catastrophic. Disorientation and infection are just two of the most common negative effects. A recently-convened CMS Expert Panel determined that more than two-thirds of nursing home resident hospitalizations can be prevented with more frequent and coordinated clinical care.

Source: Ouslander, Joseph G. Georgia Medical Care Foundation. "Reducing Avoidable Hospitalizations of Nursing Home Residents, A CMS Special Study." CMS Expert Panel. 2007.

safety and effectiveness of our Members' medications, Fidelis Team Pharmacists check all medications during each Member's initial evaluation, assessing them for appropriateness, dosing, interactions, side effects and duplication. And frequent checks thereafter are prompted by any change in condition or medication.

Specialists visits? Tests? Fidelis will handle it all.

While our goal is to keep Members well and avoid emergencies or hospitalizations, when diagnostic or specialist attention is warranted, we take action immediately, not only making the appointment but also arranging and paying for transportation for medically necessary off-site visits. Our Care Coordinator keeps the lines of communication open among facility staff, the Fidelis Care Team and, of course, Members and responsible parties. If hospitalization is required, our Inpatient

Coordinator keeps everyone apprised of the Member's status and readiness to return home.

More care. More often. It's the Fidelis way.

Fidelis SecureCare was designed to respond to the needs of a population with medically complex conditions. We understand that more attentive, hands-on care helps our Members stay on top of their conditions and live a healthier life. Our care approach, based on frequent visits and early, safe and effective care of illnesses, helps keep emergencies from occurring. At Fidelis, changing lives for the better is our reason for being. Improving the way healthcare is delivered is our mission.

If you have any further questions, or if you'd like to discuss how Fidelis SecureCare can benefit you or your loved one, please don't hesitate to call your Fidelis SecureCare representative at

1.877.372.8085

You may be able to get Extra Help to pay for your prescription drug premiums and costs. To see if you qualify for Extra Help, call one of the following numbers: 1-800-MEDICARE (1-800-633-4227)/TTY (1-877-486-2048) 24 hours/7 days week, or the Social Security office (1-800-772-1213)/TTY (1-800-325-0778) 7 a.m. to 7 p.m. Monday through Friday, or your state Medicare office.

The benefit information provided here is a brief summary, not a comprehensive description of all of our benefits. Additional information about benefits is available to assist you in making a decision about your coverage. This is an advertisement; for more information contact Fidelis SecureCare.

Fidelis is a Health Plan with a Medicare contract.

Frequently asked questions

Who is eligible to join Fidelis SecureCare?

You are eligible if you...

- Are a long term resident in a contracted nursing facility or live in the community but require the same level of care as someone who lives in a nursing facility
- Live in our service area
- Are covered by Medicare Part A and Part B
- Have not been diagnosed with end-stage renal disease

Does Fidelis SecureCare cover Medicare Part B or Part D drugs?

Yes. Fidelis SecureCare does cover both Medicare Part B and Medicare Part D prescription medicines—all in one convenient plan.

How can I compare my options?

When you speak with a Fidelis Sales Representative, you will be advised of your Fidelis plan options and you will be given a full Summary of Benefits, which compares Fidelis SecureCare to Original Medicare. The charts in that booklet list most of the important health benefits included in the plan. For each benefit, you can see what our plan covers and what the Original Medicare Plan covers. Our Members receive all of the benefits that the Original Medicare Plan offers, plus additional benefits, some of which may change from year to year.



Trust in Fidelis. The Essence of Care.

Fidelis SecureCare is a Medicare Advantage Special Needs Plan contracted with Medicare to provide qualified individuals with more frequent and focused clinical care than traditional Medicare provides—plus supplemental benefits so necessary to the care of our more vulnerable senior population. Fidelis SecureCare has been developed by Fidelis SeniorCare, a new breed of health services company and a leader in developing Medicare Advantage Special Needs Plans. The company administers plans in three states, Michigan, North Carolina and Texas.

Our dedicated Care Teams, working with credentialed and contracted physicians, nurse practitioners and other skilled clinicians, provide our Members with high-quality care, effectively managing their medical and psychosocial needs. At Fidelis we believe that the quality of life of our Members can be significantly enhanced, and their rate of decline measurably reduced, through the comprehensive management of their medical care. We are committed to this vision and are proud to stand at the forefront of the next generation of long term care.



Fidelis SecureCare of Michigan
38777 West Six Mile Road
Suite 207
Livonia, MI 48152
1.877.372.8085
TTY: 1.888.844.5530
infoMI@fidelissc.com

Michigan Counties

- Allegan
- Bay
- Genesee
- Jackson
- Kalamazoo
- Kent
- Macomb
- Muskegon
- Oakland
- Saginaw
- Washtenaw
- Wayne

Fidelis SecureCare of North Carolina
9300 Harris Corners Parkway
Suite 100
Charlotte, NC 28269
1.877.372.8085
TTY: 1.888.844.5530
infoNC@fidelissc.com

North Carolina Counties

- Alamance
- Cabarrus
- Davidson
- Davie
- Durham
- Forsyth
- Guilford
- Iredell
- Mecklenburg
- Rowan
- Stanly
- Union
- Wake

Fidelis SecureCare of Texas
17625 El Camino Real
Suite 210
Houston, TX 77058
1.877.372.8085
TTY: 1.888.844.5530
infoTX@fidelissc.com

Texas Counties

- Bexar
- Brazoria
- Cameron
- Dallas
- El Paso
- Fort Bend
- Galveston
- Gregg
- Harris
- Hidalgo
- Lubbock
- Montgomery
- Nueces
- Refugio
- Smith
- Tarrant
- Travis