

The Step Therapy drug will be dispensed if the drug has been dispensed within 120 days of current fill or if alternative (Step 1) drugs have been used first. If the member's prescription claim fails the Step Therapy edit, a prior authorization will be needed.

Prior Authorization Department
Prior Authorization phone lines provide quicker decisions:
1-800-711-4555 (Physician) or 1-877-897-3390 (Member)

STEP THERAPY ALGORITHMS – Fidelis Gold Formulary

Drug	Treatment Group	Description
Actos	Actos Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Metformin b. Sulfonylurea c. Insulin d. Byetta <p>Step 2: Actos</p>
Advair Diskus, Advair HFA	Advair Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. Theophylline <p>Step 2: Advair Diskus or Advair HFA</p>
Allegra suspension	Allegra Suspension Therapy	<p>Step 1: Cetirizine syrup</p> <p>Step 2: Allegra suspension</p>
Glyset, Precose (including acarbose)	Alpha Glucosidase Inhibitor Therapy	<p>Step 1: Two of the following:</p> <ul style="list-style-type: none"> a. Metformin b. Sulfonylurea c. Thiazolidinedione (TZD) d. Insulin e. Byetta <p>Step 2: Glyset or Precose (including acarbose)</p>

Drug	Treatment Group	Description
Micardis, Micardis HCT	Angiotensin Receptor Blocker: Group 1	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination d. Losartan or Losartan/HCTZ <p>Step 2: Micardis or Micardis HCT</p>
Benicar, Benicar HCT, Diovan, Diovan HCT,	Angiotensin Receptor Blocker: Group 2	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination d. Losartan or Losartan/HCTZ <p>Step 2: Benicar, Benicar HCT, or Diovan, Diovan HCT</p>
Emsam, Pexeva, Fluoxetine 90 mg DR	Antidepressant Therapy*	<p>Step 1: One of the following Tier 1 or Tier 2 antidepressants:</p> <ul style="list-style-type: none"> a. SSRI b. SNRI c. Bupropion d. Mirtazapine <p>Step 2: Emsam or Pexeva or Fluoxetine 90 mg DR</p>
Aricept	Aricept Therapy	<p>Step 1:</p> <ul style="list-style-type: none"> a. Aricept 10 mg b. Aricept 10 mg ODT <p>Step 2: Aricept 23 mg</p>
Azor	Azor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination d. Angiotensin II Receptor Antagonist e. Angiotensin II Receptor Antagonist Combination <p>Step 2: Azor</p>
Evoxac	Cholinergic Agonist Therapy	<p>Step 1: Pilocarpine</p> <p>Step 2: Evoxac</p>

Drug	Treatment Group	Description
Clarinex-D tablets	Clarinex Tablet Therapy	<p>Step 1: Fexofenadine or Levocetirizine</p> <p>Step 2: Clarinex-D tablets</p>
Strattera	CNS Stimulant Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Amphetamine/dextroamphetamine combinations b. Dextroamphetamine c. Dexmethylphenidate d. Methylphenidate <p>Step 2: Strattera</p>
Janumet	Dipeptidyl Peptidase 4 Inhibitor/ Metformin Combination Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Metformin b. Sulfonylurea c. Thiazolidinedione (TZD) d. Insulin e. Byetta <p>Step 2: Janumet or Kombiglyze XR</p>
Fanapt	Fanapt Therapy*	<p>Step 1: One of the following atypical antipsychotics:</p> <ul style="list-style-type: none"> a. Risperidone b. Seroquel/Seroquel XR c. Zyprexa/Zyprexa Zydis <p>Step 2: Fanapt</p>
Byetta	Incretin Mimetic Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Metformin b. Sulfonylurea c. Insulin d. Thiazolidinedione <p>Step 2: Byetta</p>
Asmanex, Alvesco	Inhaled Corticosteroid Therapy	<p>Step 1: One tier 1 or tier 2 inhaled corticosteroid</p> <p>Step 2: Asmanex or Alvesco</p>

Drug	Treatment Group	Description
Lansoprazole ODT (generic only)	Lansoprazole Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Omeprazole b. Pantoprazole c. Nexium <p>Step 2: Lansoprazole ODT (generic only)</p>
Zyflo CR	Leukotriene Modifier Asthma Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> d. Formulary Beta-agonist e. Formulary Inhaled corticosteroid f. Formulary Inhaled Beta-agonist/Corticosteroid combination g. Formulary Oral Corticosteroid <p>Step 2: Zyflo CR</p>
Foradil, Serevent	Long Acting Beta Agonist Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Inhaled corticosteroids b. Inhaled anticholinergics <p>Step 2: Foradil or Serevent</p>
Lunesta	Lunesta Therapy	<p>Step 1: Zolpidem or Zolpidem CR</p> <p>Step 2: Lunesta</p>
Prandin	Meglitinide Therapy	<p>Step 1: Two of the following:</p> <ul style="list-style-type: none"> a. Metformin b. Sulfonylurea c. Thiazolidinedione (TZD) d. Insulin e. Byetta. <p>Step 2: Prandin</p>
Novantrone 2 mg/mL injection	Novantrone Therapy	<p>Step 1: Mitoxantrone 2 mg/mL injection</p> <p>Step 2: Novantrone 2 mg/mL injection</p>
FML Forte, Vexol	Ophthalmic Steroid Therapy	<p>Step 1: Ophthalmic prednisolone acetate</p> <p>Step 2: FML Forte or Vexol</p>

Drug	Treatment Group	Description
Selfemra	PMDD Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Fluoxetine b. Sertraline <p>Step 2: Selfemra</p>
Ranexa	Ranexa Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Long-acting nitrate b. Beta-blocker c. Calcium-channel blocker <p>Step 2: Ranexa</p>
Renagel.	Renagel Therapy	<p>Step 1: Renvela.</p> <p>Step 2: Renagel.</p>
Stalevo	Stalevo Therapy	<p>Step 1: Carbidopa/levodopa (immediate release) AND Comtan</p> <p>Step 2: Stalevo</p>
Altoprev, Lescol, Lescol XL	Statin Therapy: Group 1	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Simvastatin b. Lovastatin c. Pravastatin d. Lipitor e. Crestor <p>Step 2: Altoprev, Lescol, or Lescol XL</p>
Vytorin	Statin Therapy: Group 2	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Lipitor b. Crestor <p>Step 2: Vytorin</p>
Symbicort	Symbicort Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. Theophylline <p>Step 2: Symbicort</p>

Drug	Treatment Group	Description
Tekturna, Tekturna HCT	Tekturna Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor combination c. Angiotensin II receptor blocker d. Angiotensin II receptor blocker combination <p>Step 2: Tekturna or Tekturna HCT</p>
Elidel, Protopic	Topical Immunomodulator Therapy	<p>Step 1: Topical Corticosteroid</p> <p>Step 2: Elidel or Protopic</p>
Tribenzor	Tribenzor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor combination c. Angiotensin II receptor blocker d. Angiotensin II receptor blocker combination <p>Step 2: Tribenzor</p>
Axert, Frova, Relpax	Triptan Therapy	<p>Step 1: Naratriptan or Sumatriptan</p> <p>Step 2: Axert, Frova, or Relpax</p>
Twynsta	Twynsta Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor combination c. Angiotensin II Receptor Blocker d. Angiotensin II Receptor Blocker Combination <p>Step 2: Twynsta</p>
Uloric	Uloric Therapy	<p>Step 1: Allopurinol</p> <p>Step 2: Uloric</p>
Viibryd	Viibryd Therapy	<p>Step 1: One Tier 1 or Tier 2 SSRI or SNRI</p> <p>Step 2: Viibryd</p>

Drug	Treatment Group	Description
Vimovo	Vimovo Therapy	<p>Step 1: Both of the following:</p> <ul style="list-style-type: none"> a. One oral NSAID b. One Tier 1 or Tier 2 PPI <p>Step 2: Vimovo</p>
Xopenex Nebulizer	Xopenex Nebulizer Therapy	<p>Step 1: Albuterol (nebulizer)</p> <p>Step 2: Xopenex Nebulizer</p>
Zelapar	Zelapar Therapy	<p>Step 1: Selegiline</p> <p>Step 2: Zelapar</p>
Zetia	Zetia Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Lovastatin b. Pravastatin c. Simvastatin d. Crestor e. Lipitor <p>Step 2: Zetia</p>

***Step therapy applies to new starts only**