

The Step Therapy drug will be dispensed if the drug has been dispensed within 120 days of current fill or if alternative (Step 1) drugs have been used first. If the member's prescription claim fails the Step Therapy edit, a prior authorization will be needed.

Prior Authorization Department
Prior Authorization phone lines provide quicker decisions:
1-800-711-4555 (Physician) or 1-877-897-3390 (Member)

STEP THERAPY ALGORITHMS – Fidelis GOLD Formulary

Drug	Treatment Group	Description
Aciphex	Aciphex Therapy	Step 1: One Tier 1 or Tier 2 Proton Pump Inhibitor Step 2: Aciphex
Actoplus Met	Actoplus Met Therapy	Step 1: One of the following: metformin or thiazolidinedione Step 2: Actoplus Met
Actos	Actos Therapy	Step 1: One of the following: a. metformin b. sulfonylurea c. insulin d. Byetta Step 2: Actos
Advair Diskus, Advair HFA	Advair Therapy	Step 1: One of the following: a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. theophylline Step 2: Advair Diskus or Advair HFA
Allegra suspension	Allegra Suspension Therapy	Step 1: cetirizine syrup Step 2: Allegra suspension

Drug	Treatment Group	Description
Allegra-D	Allegra D Therapy	<p>Step 1: fexofenadine</p> <p>Step 2: Allegra-D</p>
Glyset, acarbose	Alpha Glucosidase Inhibitor Therapy	<p>Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta</p> <p>Step 2: Glyset or acarbose</p>
Ambien CR	Ambien CR Therapy	<p>Step 1: zolpidem</p> <p>Step 2: Ambien CR</p>
Micardis, Micardis HCT	Angiotensin Receptor Blocker: Group 2	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination <p>Step 2: Micardis or Micardis HCT</p>
<p>Benicar, Benicar HCT, Diovan, Diovan HCT</p> <p>Atacand, Atacand HCT, Avapro, Avalide, Cozaar, Hyzaar, Teveten, Teveten HCT</p>	Angiotensin Receptor Blocker: Group 3	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination. <p>Step 2: Benicar or Benicar HCT or Diovan or Diovan HCT</p> <p>Step 3: Atacand or Atacand HCT or Avapro or Avalide or Cozaar or Hyzaar or Teveten or Teveten HCT</p>
Emsam, Pexeva, Prozac Weekly	Antidepressant Therapy*	<p>Step 1: One of the following Tier 1 or Tier 2 antidepressants:</p> <ul style="list-style-type: none"> a. SSRI b. SNRI c. bupropion d. mirtazapine <p>Step 2: Emsam or Pexeva or Prozac Weekly</p>

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Actos Avandamet	Avandamet Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandamet</p>
Actos Avandaryl	Avandaryl Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandaryl</p>
Actos Avandia	Avandia Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. Byetta <p>Step 2: Actos</p> <p>Step 3: Avandia</p>
Avodart	Avodart Therapy	<p>Step 1: finasteride</p> <p>Step 2: Avodart</p>
Azor	Azor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination <p>Step 2: Azor</p>

Drug	Treatment Group	Description
Bystolic	Bystolic Therapy	Step 1: Beta blocker (generic) or Beta blocker/Diuretic combination product Step 2: Bystolic
Evoxac	Cholinergic Agonist Therapy	Step 1: pilocarpine Step 2: Evoxac
Clarinex Syrup	Clarinex Suspension Therapy	Step 1: cetirizine syrup Step 2: Clarinex Syrup
Clarinex tablets, Clarinex RDT, Clarinex-D tablets	Clarinex Tablet Therapy	Step 1: fexofenadine Step 2: Clarinex tablets or Clarinex RDT or Clarinex-D tablets
Strattera	CNS Stimulant Therapy	Step 1: One of the following: <ul style="list-style-type: none"> a. amphetamine/dextroamphetamine combinations b. dextroamphetamine c. dexmethylphenidate d. methylphenidate Step 2: Strattera
Januvia	Dipeptidyl Peptidase 4 Inhibitor Therapy	Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta Step 2: Januvia
Janumet	Dipeptidyl Peptidase 4 Inhibitor/ Metformin Combination Therapy	Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta Step 2: Janumet
Duetact	Duetact Therapy	Step 1: sulfonylurea or thiazolidinedione Step 2: Duetact

Drug	Treatment Group	Description
Exforge, Exforge HCT	Exforge Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor/hydrochlorothiazide combination c. ACE inhibitor/calcium channel blocker combination. <p>Step 2: Exforge or Exforge HCT</p>
Vesicare	Genitourinary Smooth Muscle Relaxant Therapy	<p>Step 1: Oxybutynin or Oxybutynin ER</p> <p>AND</p> <p>One of the following: Detrol, Detrol LA, Enablex, or Oxytrol</p> <p>Step 2: Vesicare</p>
Byetta	Incretin Mimetic Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. metformin b. sulfonylurea c. insulin d. thiazolidinedione <p>Step 2: Byetta</p>
Aerobid/Aerobid-M, Asmanex, Azmacort, Alvesco	Inhaled Corticosteroid Therapy	<p>Step 1: One tier 1 or tier 2 inhaled corticosteroid</p> <p>Step 2: Aerobid/Aerobid-M or Asmanex or Azmacort or Alvesco</p>
Singulair Accolate, Zyflo CR	Leukotriene Modifier Asthma Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Formulary Beta-agonist b. Formulary Inhaled corticosteroid c. Formulary Inhaled Beta-agonist/Corticosteroid combination d. Formulary Oral Corticosteroid <p>Step 2: Singulair</p> <p>Step 3: Accolate or Zyflo CR</p>
Singulair	Leukotriene Modifier Rhinitis Therapy	<p>Step 1: Intranasal Steroid or Prescription Second-Generation Antihistamine</p> <p>Step 2: Singulair</p>

Drug	Treatment Group	Description
Lunesta	Lunesta Therapy	Step 1: zolpidem Step 2: Lunesta
Prandin, Starlix	Meglitinide Therapy	Step 1: Any two of the following: metformin, sulfonylurea, thiazolidinedione (TZD), insulin, or Byetta. Step 2: Prandin or Starlix
Elestat, Emadine	Ophthalmic Antihistamine Therapy	Step 1: Pataday Step 2: Elestat or Emadine
Xalatan	Ophthalmic Prostaglandin Therapy	Step 1: One of the following: a. Lumigan b. Travatan/Travatan-Z Step 2: Xalatan
FML Forte, Vexol	Ophthalmic Steroid Therapy	Step 1: Ophthalmic prednisolone acetate Step 2: FML Forte or Vexol
pantoprazole (generic only)	Pantoprazole Therapy	Step 1: omeprazole Step 2: pantoprazole (generic only)
Ranexa	Ranexa Therapy	Step 1: One of the following: a. Long-acting nitrate b. Beta-blocker c. Calcium-channel blocker Step 2: Ranexa
Rebif, Rebif Titration Pack	Rebif Therapy	Step 1: Betaseron Step 2: Rebif or Rebif Titration Pack
Selfemra	Sarafem Therapy*	Step 1: One of the following: a. sertraline b. fluoxetine Step 2: Selfemra

Drug	Treatment Group	Description
Simcor	Simcor Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Advicor b. Vytorin c. Any formulary statin <p>Step 2: Simcor</p>
Stalevo	Stalevo Therapy	<p>Step 1: carbidopa/levodopa AND Comtan</p> <p>Step 2: Stalevo</p>
Altoprev, Lescol, Lescol XL	Statin Therapy: Group 1	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. simvastatin b. lovastatin c. pravastatin d. Lipitor e. Crestor <p>Step 2: Altoprev or Lescol or Lescol XL</p>
Vytorin	Statin Therapy: Group 4	<p>Step 1: Lipitor or Crestor</p> <p>Step 2: Vytorin</p>
Symbicort	Symbicort Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. Inhaled corticosteroid b. Long-acting beta agonist c. Inhaled anticholinergic agent d. theophylline <p>Step 2: Symbicort</p>
Tarka	Tarka Therapy	<p>Step 1: trandolapril or verapamil</p> <p>Step 2: Tarka</p>
Tekturna, Tekturna HCT	Tekturna Therapy	<p>Step 1: One of the following:</p> <ul style="list-style-type: none"> a. ACE inhibitor b. ACE inhibitor combination c. Angiotensin II receptor blocker d. Angiotensin II receptor blocker combination <p>Step 2: Tekturna or Tekturna HCT</p>

Drug	Treatment Group	Description
Elidel, Protopic	Topical Immunomodulator Therapy	Step 1: Topical Corticosteroid Step 2: Elidel or Protopic
Amerge, Axert, Frova, Relpax	Triptan Therapy	Step 1: sumatriptan Step 2: Amerge or Axert or Frova or Relpax
Xopenex Nebulizer	Xopenex Nebulizer Therapy	Step 1: albuterol (nebulizer) Step 2: Xopenex Nebulizer
Zegerid	Zegerid Therapy	Step 1: One Tier 1 or Tier 2 Proton Pump Inhibitor Step 2: Zegerid
Zelapar	Zelapar Therapy	Step 1: selegiline Step 2: Zelapar

***Step therapy applies to new starts only**